

Erewash Walking Month

1 - 31 May

Erewash
Borough Council

Promoting everyday walking to improve health and wellbeing
Join us for guided walks and challenges
Great fun for all ages and family members

Follow the QR code for information on terrain, bookings (where relevant) and accessibility for children, dogs, wheelchairs, pushchairs, and toilets (simply shine your mobile phone camera at the QR code).

SCAN ME



Alternatively go to Erewash Borough Council website Erewash Walking Month page.

Friday 1 May

Marlpool Station to Bennerley Viaduct, Run by The Friends of Bennerley Viaduct, 10am - 12noon, The Field, Heanor
Booking required

Saturday 2 May

The Packhorse Trail, Run by Erewash Ramblers, 10.30am - 1pm, The Bridge Inn, Duffield

Sunday 3 May

Dawn Chorus at Bennerley Viaduct, Run by The Friends of Bennerley Viaduct, 5 - 6.30am, Bridge Street, Ilkeston
Booking required

Monday 4 May

Swan Lake Loop, Run by Monday Strollers and Move More Cotmanhay, 10.15am - 12noon, Victoria Park Leisure Centre, Ilkeston

Wednesday 6 May

Dale Abbey and surrounding area, Run by Erewash Ramblers, 10.30am - 12.30pm, Carpenters Arms, Ilkeston

Thursday 7 May

Bennerley Viaduct Photography Walk, Run by DACES and The Friends of Bennerley Viaduct, 10am - 12noon, DACES, Ilkeston
Booking required

It's good to walk, it's good to talk!, Run by Ilkeston Town Football Club, 10.30 - 11.45am, Ilkeston Town Football Club, Ilkeston
Booking required

Parkside High CIC Girls Group Wander, Run by Parkside High CIC, 4.30 - 6pm, The POD, Ilkeston

Elvaston Night Walk, Run by Elvaston Night Walk, 7 - 8.15pm, Thulston Village Green, Thulston

Saturday 9 May

Risley History Walk, Run by Risley and Hopwell Parish Council, 10.30am - 12.30pm, Risley Village Hall, Risley
Booking required

Monday 11 May

Women's Walk, Run by Cotmanhay Women's Walk, 9.30 - 11am, Cotmanhay Childrens Centre, Ilkeston

Nutbrook Loop, Run by Monday Strollers, 10.15am - 12noon, Victoria Park Leisure Centre, Ilkeston

Petersham Wellness Walk, Run by Erewash Borough Council, 11am - 12.15pm, Petersham Hall, Long Eaton

Tuesday 12 May

45 Club - Come with us for a walk and chat, Run by Why Talking Fixes - The Will Garvey Trust Foundation, 7 - 8pm, Bridge Street, Ilkeston

Thursday 14 May

Elvaston Night Walk, Run by Elvaston Night Walk, 7 - 8.15pm, Thulston Village Green, Thulston

Friday 15 May

The Community Craft Walk, Run by Our Crafty Place CIC, 10am - 2.30pm, Our Crafty Place, Ilkeston
Booking required

Saturday 16 May

Accessible Walk and Talk, Run by Accessible Walk and Talk, 1.30 - 3.30pm, West Park Leisure Centre, Long Eaton

If you have any queries or questions about any of the walks please contact
t: 07989 728 434
e: communityhealthwellbeing@erewash.gov.uk

Monday 18 May

Toton Fields and Park, Run by Long Eaton Town Walk, 10 - 11am, Long Eaton Town Hall, Long Eaton

Bennerley Viaduct, Run by Monday Strollers and The Friends of Bennerley Viaduct, 10.15am - 12noon, Victoria Park Leisure Centre, Ilkeston

Petersham Wellness Walk, Run by Erewash Borough Council, 11am - 12.15pm, Petersham Hall, Long Eaton

Tuesday 19 May

Free accessible walk for people living with long term health conditions, Run by Sofa2Stroll, 10.30am - 12.30 pm, Straws Bridge Nature Reserve, Ilkeston

Booking required

Nutbrook and Woodside Circular, Run by Nutbrook Walking for Health, 10.30am - 12.30pm, The POD, Ilkeston

Wednesday 20 May

Growing Lives - Towpath Trail, Run by Growing Lives, 10am - 12.30pm, 1 Grenville Drive, Ilkeston

Booking required

Bat Watch at Bennerley Viaduct, Run by The Friends of Bennerley Viaduct, 8.30 - 10pm, Bennerley Viaduct, Ilkeston

Booking required

Thursday 21 May

Free accessible walk for people living with long term health conditions, Run by Sofa2Stroll, 10.30am - 12.30pm, Elvaston Castle Country Park, Elvaston

Booking required

Walk in the Clouds, Run by Erewash Ramblers, 10.30am - 1.30pm, Sandiacre Library, Sandiacre

Elvaston Night Walk, Run by Elvaston Night Walk, 7 - 8.15pm, Thulston Village Green, Thulston

Friday 22 May

Rutland Track Walk, Run by Ilkeston Track Walk, 10 - 11.30am, Rutland Sports Park, Ilkeston

Saturday 23 May

Hike to Ockbrook School and Church, Run by Ockbrook and Borrowwash Parish Council, 10am - 12.15pm, Co-Op, Borrowwash

Monday 25 May

Shipley Lock Loop, Run by Monday Strollers and Move More Cotmanhay, 10.15am - 12.30noon, Victoria Park Leisure Centre, Ilkeston

Wednesday 27 May

Family Urban Explorers, Run by Erewash Museum, 2 - 3pm, Erewash Museum, Ilkeston

Booking required

Thursday 28 May

Elvaston Night Walk, Run by Elvaston Night Walk, 7 - 8.15pm, Thulston Village Green, Thulston

Friday 29 May

Family Treasure Hunt, Run by Erewash Borough Council, 10am - 12noon, West Park Leisure Centre, Long Eaton

Saturday 30 May

The Hermitage - Hopwell Hall Farm Alpacas Loop, Run by Ockbrook and Borrowwash Parish Council, 10am - 1pm, The Royal Oak, Ockbrook

Guided Tour of Bennerley Viaduct, Run by The Friends of Bennerley Viaduct, 10am - 12noon, Bennerley Viaduct, Ilkeston

Booking required

Sunday 31 May

Breaston The Coffin Walk and Shardlow Circular, Run by Erewash Ramblers, 10.30am - 3.45pm, Behind Draycott Fish Bar, Draycott

This programme is run to encourage everyone to get outdoors and explore the local area through walking.

There are a range of walks on offer, whether you are interested in learning about local history, exploring nature, socialising with friends, taking a purposeful walk or simply challenging yourself.



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